Main News:

Last month Dr. Bimal Chhajer inaugurated our Vijaywada centre (on 19th July, 2011) in South India. A huge camp was held in the city of Birat Nagar in Nepal on 6th August, 2011. A very successful lecture was held in the Industrial town of Birgunj, the fourth biggest city of Nepal by Dr. Chhajer. A book called Dr. Chhajer’s “Zero oil Diet revolution” is towards completion. Video recording of the three days camp of Saaol will be available on DVD soon. Dr. Chhajer will be on TV in the coming days. Video consultation with Dr. Chhajer will be possible in future. Next Emami sponsored camp will be in Kolkata. IMA (Kolkata) branch invites Dr. Chhajer for a lecture on the occasion of World heart day in Kolkata. Zero oil cook book is now available in Telegu also and one more book “201 tips for High Blood pressure patients” has now been published in Gujarati.

Detailed News:

Vijaywada, the second biggest city of Andhra Pradesh will have a Saaol heart centre now. Dr. Bimal Chhajer inaugurated this centre on 19th July in presence of the press and patients. The Telegu TV Channel “Sakshi” did a live interview telecast of Dr. Chhajer on the eve of the inauguration.

Our Jamshedpur centre, in Jharkhand is also operational now.

From 5th to 8th August Dr. Chhajer was in Nepal. There were consultation of patients on 5th in Kathmandu and on the same day Dr. Chhajer flew to Birat Nagar to deliver a big public talk and inaugurate the one day camp organised by Nepal Marwadi Mahila Manch. More than 250 people attended this one day camp in Birat Nagar. Next day Dr. Chhajer was invited by the Terapanth Yuvak Parishad to Birgunj for a public talk which was attended by more than 300 people. In Kathmandu - there was a surprise for Dr. Chhajer one of his patients came with tremendous improvement in blockages (15-17%) with Cardio clean, the oral food supplement which has EDTA. He also lost 35 kilos of weight.

Our next camp in Kolkata is slotted on September 10-11th (Sat and Sunday). Previous to this Dr. Chhajer will deliver a series of public talks in different parts of the city of Kolkata. This will be a golden opportunity for your friends and relatives to take care of their heart without Bypass Surgery or Angioplasty. This camp has been sponsored by Emami Foundation and the venue is Anandadham, near Picnic Garden. Last month Dr. Chhajer also delivered a talk for the Gujrati Samaj (16th July, 2011) in Kolkata which was attended by more than 200 people. All the people were served Zero oil food by the organisers.

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My name is Mahabir Prasad Sarawagi and I am a 62 years businessman staying in Kathmandu, Nepal. About one years back I started having Chest heaviness and pain on exertion. Sometimes there will be breathlessness and Squeezing pain on exertion. When I visited the cardiologists-they did some tests including Echocardiogram. The doctor diagnosed heart disease and I was then asked to go for Angiography. I had a history of high BP, I was overweight and a family history of heart disease (my father had pace maker).

In the mean time my brother and well wishers told me about saaol heart center and Dr.Bimal Chhajer. When I met Dr.Chhajer I was very much satisfied. On his advice I got a CT Coronary Angiogram from KMC (Kathmandu Medical Center) on 6th March,2011. The report showed my main tube LAD had a 76% blockage and LCx had 64% blockage. I started medications, diet, exercise and also started Natural Bypass treatment. I was explained that Natural Bypass will open many more arteries in my heart in 35 days.

But I also wanted to remove the blockage and I started oral Biochemical treatment (Cardioclean food supplement) as suggested by Saaol center. I took 30 days Cardioclean first and then another 30 days after a gap of 15 days.

I followed Zero oil diet and started walking also. The results were miraculous. I lost 35 kilos of weight and can walk about 90 minutes at a stretch. The chest pain disappeared. When I heard Dr.Chhajer was coming to Nepal again on August I repeated my CT Angiography on 7th August 2011 from the same Hospital (KMC). After going through my report the doctors at the KMC hospital were very surprised. My blockages went down by 17% in LCx and by 15% in LAD in this period of 5 months.

<table>
<thead>
<tr>
<th>Blockage</th>
<th>Angiography 06-03-2011</th>
<th>CT Angiography 07-08-2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>LCX</td>
<td>64%</td>
<td>47%</td>
</tr>
<tr>
<td>LAD</td>
<td>76%</td>
<td>61%</td>
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</tbody>
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From the day first, I have been satisfied with the medication, instructions and suggestions of the Doctor and after getting so much relief from the disease and improvement in my general health I feel even more satisfied and happy for myself and the choice I made for my treatment.

I am now putting my full effort to make saaol more popular in Nepal and advising my friends, not to go for by-pass surgery and angioplasty but for saaol.

Sh. Mahaveer Prasad Sarawagi
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